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Dear Parents/Carers,

We have recently updated our PSD curriculum framework, and in line with this we would like to take this opportunity to inform you of the guidelines and how we will be delivering PSD going forward.

PSD will continue to be a standalone subject and taught to all year groups once a week. Years 10 and 11 will also be working towards their NCFE qualification in PSD.

Students will be given opportunities to develop themselves in a well-balanced way, with support and guidance to encourage both an awareness of others and the growth of responsible independence. The aim of teaching pupils our chosen topics within PSD is to give them the information that they need to make informed decisions about their own health and lifestyle. We aim to teach students where to access resources and support networks for some of the more challenging areas in life.

All PSD teaching will take place in a safe learning environment and is underpinned by our school ethos and values. Lessons will be designed in line with DfE recommendations and with support from the PSHE Association to ensure that the content is sensitive, comprehensively planned and age appropriate.

Since September 2020, 'Sex and Relationships Education' (or SRE for short) and 'Health Education' have been a statutory part of every school's curriculum. This essentially meant that the government was, and still is, committed to ensuring that every child in England and Wales receives similar educational experiences within these areas and they have detailed the information young people need to help them develop healthy, nurturing relationships of all kinds. It covers contraception, developing intimate relationships and resisting to and not applying pressure to have sex. It also covers what is acceptable and unacceptable behaviour in relationships. The DfE have published a useful guide for parents which can be found here:

www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools

Parents have the right to request that their child be withdrawn from some or all of the sex education delivered following the government guidelines, if you wish to request your child's withdrawal from these sessions then a discussion can be had at target setting with your child's key worker and followed up by a discussion with the head of school up until three school terms before your child turns 16. At this age, your child can choose to receive Sex Education if they would like to.

On the following page you will find a copy of our PSD curriculum for all year groups with sex education being the opt out option in line with government guidelines.

Year Group	Autumn	Spring	Summer
YR 7	All About me Making friends and Bulling	Reproduction and puberty /hygiene Mental Health & emotions	Celebrations/faiths Charity and volunteering
YR 8	• Peer pressure • Media and society	• Communication • Drug awareness	• Crime and punishment • Extremism/radicalisation
YR 9	• My place in the world and celebrating differences • Appropriate relationships/sex ed/marriage/CSE	• Mental health/emotions • Online safety /extremism discrimination	• Medical interventions • Volunteering charity
YR 10	Unit 1 - Community action Unit 3 - Dealing with problems in daily life Unit 4 - Environmental awareness	Unit 6 - Individual rights and responsibilities Unit 7 - Leisure time Unit 8 - Managing own money Unit 9 - managing social relationships	Unit 13 - Working towards a goal Unit 14 - Planning an enterprise activity Unit 15 - Running an enterprise activity
YR 11	• Rights and responsibilities • Voting	• Gambling - Relationships/sexuality/sexual health • Parenting	• Alcohol/Drugs/county lines/gangs/criminal exploitation

If you have any questions or queries or you wish to discuss the content of the topics, please contact:

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Yours sincerely,

Charlotte Denman

PSD Subject Lead

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